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| **General Dementia Supports and Info** |  |  |
| Dementia Australia | National Dementia Helpline: Phone: 1800 100 500  8am – 8pm (Except Public Holidays)  Website: dementia.org.au  YOD Hub  Website: https://yod.dementia.org.au/ | Telephone and personal Counselling  Education and Webinars of Dementia  Library – Michelle, the librarian at Dementia Australia is a fantastic support for people with YOD and their carers  Helpsheets on a variety of Dementia subjects  Post-Diagnostic Support program (6 weeks)  Living with Dementia Program  [YOD Dementia HUB](https://yod.dementia.org.au/) |
| The Dementia Centre – Hammond Care | HammondCare  ABN: 48000026219  Level 4, 207B Pacific Highway  St Leonards  NSW, 2065  Australia  T: +61 2 8437 7355  E: australia@dementiacentre.com https://www.dementiacentre.com/ | Education and Webinars of Dementia  Library, Dementia Podcast and Toolkits  Research and based in Australia and the UK |
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| **YOD Dementia Day Programs** |  |  |
| Ella Centre | Kathryn Cooper  Younger Onset Dementia Social Support Coordinator and NDIS Program Coordinator  The Ella Centre  Ph: (02) 9798 5140  Mobile: 0409 602 624 | Yod Dementia day program and one on one social support  Young and dynamic team that are person centred and committed to supporting you to live well with YOD Dementia. |
| Three Bridges | Hege Salvesen Johnson  Coordinator, Dementia Meeting Centres  Ph: 1300 327 434  Mobile: 0457 876 410 | Dementia specific day program  1:3 ratio  5 hours per day - (10 am till 3pm)  Central, Sth west Sydney location |
| A picture containing text  Description automatically generated | Ricky Atkinson – Western Sydney  <http://www.atkinsonturner.com.au/?fbclid=IwAR1_hfpmHmNwPx3TwS6UeBttsE7X0uzfj9f9BoBlSwF8G8wAX-KSwvgtZuc>    Email: [info@atkinsonturner.com.au](mailto:info@atkinsonturner.com.au)    0404 227 734 | In-home support  Social support  Home and community nursing  Transport  Respite Care  Arts and Crafts  Great Male groups and activities  YOD Specific |
| War Memorial | 125 Birrell Street, Waverley NSW 2024  Siobhan Mackenzie  Program Coordinator  Ph: 02 9369 0287  Mobile: 0429 192 713  Email: siobhan.mackenzie@health.nsw.gov.au | YOD Specific Day Program  Monday and Fridays  1:4 ratio  6 hours; 9am – 3pm  NDIS Provider |
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| **Government and Health** |  |  |
| NDIS | National contact centre open Monday to Friday 8am to 8pm (local time)  Phone 1800 800 110  Email enquiries@ndis.gov.au | The NDIS can provide all people with disability with information and connections to services in their communities, as well as information about what support is provided by each state and territory government |
| Dementia Behaviour Management Advisory Service (DBMAS) | Phone: 1800 699 799 to speak to a Dementia Consultant or to make a referral  Support Available 24/7 | DBMAS is a support service for people with dementia who are experiencing changes in behaviour that impact their care or the carer.  The service supports staff and carers in community, residential aged care, acute and primary care settings with expertise, advice and short-term case management interventions. |
| Continence Australia | National Continence Helpline Phone: 1800 33 00 66  Website: www.continence.org.au | The National Continence Helpline is staffed by Nurse Continence Specialists who offer free and confidential information, advice and support to people affected by incontinence. They also provide a wide range of continence-related resources and referrals to local services. |
| LGBTIQ+ Health Australia | Email: info@lgbtiqhealth.org.au  Phone: 02 7209 6301  Postal address: 100 Harris St, Pyrmont 2009  Website: https://www.lgbtiqhealth.org.au/ | LGBTIQ+ Health Australia is the national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people, and other sexuality and gender diverse (LGBTIQ+) people and communities. |
| Disability Support Pension | https://www.servicesaustralia.gov.au/individuals/services/centrelink/disability-support-pension | With a Younger Onset Dementia Diagnosis, you may be eligible for a Disability Support Pension (DSP). |
| Companion card | http://www.companioncard.gov.au/ | The National Companion Card Scheme brings together State and Territory Companion Card programs that enable eligible people with lifelong disability to participate at venues and activities without incurring the cost of a second ticket for their companion. |
| Mobility Parking | https://www.service.nsw.gov.au/transaction/apply-replace-or-renew-mobility-parking-scheme-permit-online | The Mobility Parking Scheme (MPS) provides parking concessions to people with mobility disability. |
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| **Dementia Education and Research** |  |  |
| **Dementia Training Australia**  Logo  Description automatically generated | **Phone:**[02 4221 5555](https://dementia.com.au/about/02%204221%205555) **Email:**  [dta@uow.edu.au](mailto:dta@uow.edu.au) **Online:** [dta.com.au](http://www.dta.com.au/) | Dementia Training Australia (DTA) provides dementia-specific accredited and non-accredited education, training, and professional development for aged and health care professionals. |
| **University of Tasmania** | Website: https://www.utas.edu.au/wicking/understanding-dementia | Free Online Mooc – Understanding Dementia  The next course runs for 7 weeks and opens 15th February 2022 - Enrol Today! |
| **The Australian Dementia Network** | Email: adnet-info@unimelb.edu.au  Phone: 03 9035 9635 | Bringing together Australia’s leading researchers, clinicians and consumers to create a powerful network for dementia prevention, treatment and care.  The Australian Dementia Network is a network of leading scientists and researchers from across 15 institutions, working together with the aim of:  establishing the first dementia clinical quality registry to track, benchmark, and report on the clinical care of people with dementia establishing consistent best practice guidelines for the diagnosis and treatment of dementia (Memory Clinics);  facilitating the development of effective therapies by providing detailed dementia screening of patients suitable for participation in clinical trials (Screening and Trials). |
| **Australia Journal of Dementia Care** | University of Wollongong  Squires Way, North Wollongong  NSW 2522  Australia  For subscription inquiries, email:  E: dementiajournal@data.com.au | The Australian Journal of Dementia Care (AJDC) is a multidisciplinary journal for all professional staff working with people with dementia in residential aged care homes, hospitals, day units and the community. |
| **Dementia Collaborative Research Centres** | UNSW Sydney  Level 3, AGSM Building, Gate 11, Botany St  Kensington, 2052  Phone: 9385 2585  Email: dementiaCRC@unsw.edu.au | The Dementia Centre for Research Collaboration (DCRC) is dedicated to reducing the risk of dementia and improving the lives of people living with dementia and their carers through prevention efforts, timely diagnosis, optimal treatment, excellent care and community integration.  Sign up to bi-monthly eNews to hear all about our research, events and announcements. |
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| **Support for Carers** |  |  |
| Carers Gateway | <https://www.carergateway.gov.au/>  Phone: 1800 422 737 | Carer Gateway, will connect you with a Australia-wide network of Carer Gateway service providers. They will talk through what you need and help you to find local services and support to help you and have phone counselling, an online carer forum, and self-guided coaching and skills courses to give carers support, skills and information. |
| Let’s Talk Tuesday YOD Support Group  Remaining Dates for 2021:  14th September,  12th October,  9th November,  14th December (Social) | Group Meets: 2nd Tuesday of the month – 10 meetings per annum  Time: Face to Face 6:30pm-8:30pm / Zoom 7:00pm-9:00pm  Location: North Ryde RSL Club 27-41 Magdala Road North Ryde / Zoom Invitation  Group Leader: Lyndell Huskins M: 0410 663 947 E: [Lyndellhuskins@yahoo.com](mailto:Lyndellhuskins@yahoo.com) | **Group Purpose**  To bring together carers of people diagnosed with Younger Onset Dementia to; receive education and information about dementia, to discuss the impact of dementia on their lives and the lives of the person they care for, to learn practical strategies for the management of the symptoms of dementia and to receive emotional support from others in similar circumstances. |
| Dementia Australia  A picture containing text, outdoor  Description automatically generated | National Dementia Helpline: Phone: 1800 100 500  8am – 8pm (Except Public Holidays)  Website: dementia.org.au | Telephone and personal Counselling  Education and Webinars of Dementia  Library – Michelle, the librarian at Dementia Australia is a fantastic support for people with YOD and their carers  Helpsheets on a variety of Dementia subjects |

At YOD Reflections, we support collaboration and the sharing of information and resources to ensure participants with YOD receive information and access to services that understand and meet their needs.

These are general YOD Dementia supports and services and we also have an extensive provider list that we use when supporting our YOD Support Co-ordination participants.

If you have a YOD specific service, you would like us to add to this list or updated information, please let us know.